

KS5

2023-2024 Sixth Form RSE Highlights:

- Sixth Form RSE brand new for 2023-24.
- Lesson topics chosen following feedback from student and staff voice at the end of the 2022-2023 academic year.
- New Unit Headings with different lengths.
- No formal assessment (as there now is with KS3 and KS4) as, following student voice, there will be an increased focus on debate and signposting to support.
- Lesson topic areas cover statutory requirements.
- Lesson topic areas begin with relationships before moving onto sex, as we believe relationships (and marriage) should come before the sex.
- Strong emphasis on local case studies/contextual safeguarding e.g. Operation Sanctuary Serious Case Review, Alice Ruggles, rough sex and Ed Farmer.
- Current issues covered (not given in statutory guidance) such as: Catfishing, Incels, Cyber-stalking, Male Domestic Abuse, Stealthing, Rough Sex, Upskirting, Initiation Ceremonies, Deepfake Porn, Revenge Porn and Sexual Harassment and Violence in Schools.

Year 12 specific Highlights:

- Starts Week 2 and ends Week 39.
- Emphasis on equality, diversity and following recent OFSED report, racism, sexism and homophobia.
- Largest unit is on '*Harassment and Consent*', where knowledge built gained in KS3 and KS4 is broadened to include sexual harassment in the workplace.

Year 13 specific Highlights:

- Year 12 topics to be covered in General RE and/or drop down days
- Starts Week 2 and ends Week 26 for post-Easter revision.
- Age-appropriate emphasis on Pornography
- Most mature topics such as Operation Sanctuary, Prostitution, Miscarriage, Honour-Based Violence and FGM taught in Year 13.
- FGM taught in Weeks 25 and 26, ahead of what NSPCC calls 'Cutting Season' where girls are most likely to suffer FGM.



<p>RSE Curriculum Intent</p>	<p>By focussing on issues relating to young men in society, this programme will form young men who:</p> <ul style="list-style-type: none"> • will aim to live by the values of competence, conscience, compassion and commitment. • will respect those they meet who are different to them. • know what healthy and unhealthy relationships look like and the behaviours associated with these. • understand the harmful effects of sexting. • understand the importance of seeking consent in sexual encounters. • are aware of the dangers of Child Sexual Exploitation and County Lines gangs. • are able to look after their sexual health. • are aware of issues the LGBTQIA+ community face and how to support them. • recognise the unrealistic expectations of pornography, how it can lead to relationship issues and how to avoid watching it. • are aware of the dangers of harmful practices such as forced marriages, honour-based violence and FGM. • will be able to form positive relationships and keep themselves and others safe when they have left St Cuthbert's.
<p>RSE Curriculum Implementation</p>	<ul style="list-style-type: none"> • Lessons will be 15 minutes in length and delivered by form tutors once a week to Years 7-13. • CPD has been made available to staff. Extra support to be offered for specific topics e.g. pornography. • The curriculum is split into two parts. Part 1 runs from week 2 to 9 and covers the key topics that we believe will affect our pupils and ensure they are prepared for life in the 21st Century with a specific focus on keeping them safe. Part 2 runs from week 10 to 39 and uses specifically chosen resources from Ten:Ten's Life to the full RSE course. • The first two lessons, in week 2 and 3, ensure pupils understand why we need to study RSE, make the ground rules clear and to make it clear to the boys how and why we keep them safe in school. • Each lesson plan (where applicable) will contain links to websites/resources which will be displayed on the school's website so they can be used by the pupils/students and their families following the session. Ten:Ten provide access to a 'Parent Portal' so that learning can continue at home. • Additionally: <ul style="list-style-type: none"> • Drop-down lessons on protected characteristics- Dates TBC • Personal Development Days- Dates TBC • Week 5- Black History Month • Week 10- Anti-Bullying Week • Week 35- LGBTQ+ Awareness Week
<p>RSE Curriculum Impact</p>	<p>By taking part in this RSE programme our young men will:</p> <ul style="list-style-type: none"> • be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life. • appreciate difference and diversity. • avoid practices that could be harmful to themselves and others. • have respect for themselves and others.



<p>RSE Assessment Intent</p>	<ul style="list-style-type: none"> DoE statutory guidance states that: <i>Schools should have the same high expectations of the quality of pupils' work in these subjects as for other curriculum areas. A strong curriculum will build on the knowledge pupils have previously acquired, including in other subjects, with regular feedback provided on pupil progress. Lessons should be planned to ensure that pupils of differing abilities, including the most able, are suitably challenged. Teaching should be assessed and assessments used to identify where pupils need extra support or intervention. Whilst there is no formal examined assessment for these subjects, there are some areas to consider in strengthening quality of provision, and which demonstrate how teachers can assess outcomes. For example, tests, written assignments or self-evaluations, to capture progress.</i> https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/delivery-and-teaching-strategies Assessment data shared with home will enable families to further support their son's knowledge of the RSE curriculum.
<p>RSE Assessment Implementation</p>	<p>Formal Assessment</p> <ul style="list-style-type: none"> At the start of each unit of work, next to the title question, pupils will self-assess their own prior knowledge on the unit of work and write down a score out of 10. PSHE and RSE assessments will take place during DEAR of weeks 7, 14, 21, 28 and 35. Each assessment will consist of 10 multiple choice questions and pupils will also re-self assess their prior knowledge to help judge progress. Pupils will peer mark. Tutor to record score out of 10 in mark book on SIMS. Tutor to keep assessment papers in red tutor file. <p>Regular Feedback</p> <ul style="list-style-type: none"> Pupils will receive regular immediate and verbal feedback in RSE lessons. A knowledge recall task will take place at the end of every RSE lesson in the form of pupils answering the lesson title question in their planners. Planners will be quality assured throughout the course of the academic year.
<p>RSE Assessment Impact</p>	<p>Regular Feedback and Formal Assessment in RSE will enable:</p> <ul style="list-style-type: none"> the school to inform and develop future planning as pupil's knowledge of the RSE curriculum changes and is influenced by society and home. pupils to become more self-aware of their knowledge of RSE curriculum. pastoral staff to provide appropriate support and interventions.
<p>Sixth Form</p>	<ul style="list-style-type: none"> In the Sixth Form RSE curriculum, there will be no formal assessment. Following student voice collated at the end of the 2022-2023 academic year, there will be an increased focus on debate and signposting to support. Regular feedback will still be given as above.

WEEK according to school calendar	St Cuthbert's Catholic High School Sixth Form RSE Programme of Study 2023-2024			
	Year 12		Year 13	
	Topic Area	Lesson Title	Topic Area	Lesson Title
2	Introduction	What is RSE and why do we need to study it? Ground rules	Introduction	What is RSE and why do we need to study it? Ground rules.
3		How and why does St Cuthbert's keep you safe?		How and why does St Cuthbert's keep you safe?
4	Equality and Respect	Why are the Protected Characteristics important? (Equality Act 2010)	Pornography	How is porn unrealistic and what expectations might young people face because of it?
5		What are current issues surrounding Gender Identity?		Pornography: Myth or reality?
6		How can stereotypes cause damage?		How can I resist the pressure to watch pornography?
7		Why are homophobic, biphobic and transphobic views wrong?		What does the law say about 'deepfake' porn and extreme pornography?
8		Why is misogyny always wrong?		What is revenge porn and how can I avoid being a victim?
9	Friendships and Romantic Relationships	How can I deal with conflict in a friendship?	Staying Safe	Revenge Porn case study- Stephen Bear
10		What does a healthy friendship look like?		What do I need to know about sexual harassment and violence in schools?
11		What does a healthy romantic relationship look like?		How can alcohol and drugs lead to risky sexual behaviours?
12		How do I break up with a partner?		What does the law say about sexual exploitation?
13		What are the positives and negatives of having sex?		What do we mean County Lines and what are the signs of grooming?
14	Marriage and Family Life	What legal status does marriage and other relationships have?	Sexual Health	Operation Sanctuary Serious Case Review- What lessons have been learnt?
15		What are the roles and responsibilities of parents?		What does the law say about Prostitution and Human Trafficking?
16		How do I determine who and what is trustworthy?		What do I need to know about HIV and AIDS (including common misconceptions)?
17	Online Relationships	What is Catfishing and why is it dangerous?	Sexual Health	What is Chlamydia and Gonorrhoea?
18		What is sexting and why can it be dangerous?		What are Genital Herpes, Warts and Lice?

19	Online Relationships Cont.	What do I need to know about incels?	Fertility and Reproductive Health	What do I need to know about menstruation and menopause?	
20		What is cyber-stalking and why is it wrong?		What are the various forms of contraception?	
21	Abusive Relationships	What is coercive control?		Harmful Sexual Practices	What does the law say about Abortion and why is it such a divisive topic?
22		Alice Ruggles case study			What do need to know about pregnancy and miscarriage?
23		What is an abusive relationship and how might it start?	Why are Forced Marriages and Honour-based Violence wrong?		
24		What are the signs of an abusive relationship and how to get help?	Honour-based Violence Case Studies		
25		Mankind- How can male victims of domestic abuse get help?	What is Female Genital Mutilation (FGM) and why is it wrong?		
26		What does the law say about sexual harassment?	How can I spot the signs of FGM and where can I go for support?		
27	Harassment and Consent	Is this sexual harassment? Part 1 The Bar	Exam Preparation and Study Leave		
28		Is this sexual harassment? Part 2 Two Weeks Later			
29		Is this sexual harassment? Part3 The Prosecution			
30		What is meant by consent? Recap			
31		How do you check for consent?			
32		What does the law say about consent and what are the consequences of not keeping it?			
33		What is stealthing and how is it a form of rape?			
34		What is 'rough sex' and what are the dangers involved with it?			
35		When rough sex leads to death- Case studies.			
36		What is upskirting and why is it illegal?			
37		What do I need to know about bullying in the workplace?			
38		Peer Pressure			What can we learn about university initiation ceremonies from the death of Ed Farmer?
39	What are strategies for managing sexual pressure and delaying having sex?				