



## FAMILIES UPDATE WEEK 20

9<sup>th</sup> February 2024

Dear Parent/Carer

In yesterday's Gospel, Jesus encounters the Syrophenician woman (Mark 7: 24-30). Here, Jesus shows us how to listen. If we are truly listening with a genuine desire to understand the other person we are encountering, we have to be open to the possibility that the perspective and experience of the other person can change our mind. Jesus was surprised by this woman's bold faith that moved her to reject Jesus's initial response and entreat him further for his help. Jesus listened to this person, a Gentile, a woman, a radical act in his time, and the result was that a child got her life back. This is a rare instance in Scripture of Jesus changing his mind, a very human experience that we can all identify with. Jesus shows us that changing our minds is not a sign of weakness but of continual conversion of the heart, which we are all called to.

*(based on a reflection by Carl Caceres, SJ,)*

How might we more readily listen to those we encounter?

Wishing you and your families a restful and restorative weekend.

Yours sincerely

Daniel P. Murray  
Headmaster

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The week beginning Monday 12<sup>th</sup> February will be **Week A**

### General Information

**Ofsted Inspection:** This week a team of Ofsted Inspectors, led by one of His Majesty's Inspectors spent two days in school. This inspection was a graded inspection. We await the publication of the report which we will share with parents once we receive it. Thank you to all parents/carers for providing your views via Parent View and for your continued support.

**Lent:** Next Wednesday is Ash Wednesday and the beginning of the Season Lent. Ash Wednesday is a day of fasting and abstinence on the Catholic Tradition.

**Year 11 Transition to Sixth Form:** During the week beginning 26<sup>th</sup> February our Year 11 pupils will be taking part in a range of taster lessons linked with Sixth Form courses. They will also be taking part in a range of co-curricular activities on Wednesday 28<sup>th</sup> February, options including cooking, politics, PE, Football Academy, Basketball Academy, Finance, Clay and Mandarin.

This will give our Year 11 pupils a good indication of what Sixth Form Life is like. Sixth Form Application and an Intended Destinations forms will be posted out with their Mock Exam results.

<b>Co-Curricular PE Clubs</b>		
<b>Day</b>	<b>Lunch Time</b>	<b>After School</b>
	<b>12.20pm - 12.55pm</b>	<b>3.15pm - 4.15pm</b>
<b>Monday</b>	Table Tennis (Year 9, 10 and 11)	Basketball Club (Year 7 and 8) with Newcastle Eagles Coach
<b>Tuesday</b>	Year 10 - 11 Exam PE Table Tennis Year 10 & 11 Fitness Club Year 7 & 8 Climbing Club	
<b>Wednesday</b>	Table Tennis (Year 7 & 8) Year 10 & 11 Fitness Club	Basketball Club (Year 9, 10 and 11) with Newcastle Eagles Coach
<b>Thursday</b>	Dodgeball (Year 7 and 8) Year 10 & 11 Fitness Club	Year 7 Football Training (Indoors)
<b>Friday</b>	Year 10 & 11 Exam PE Table Tennis Year 8 Football Training	Sixth Form Volleyball Club

<b>Fixtures this week</b>				
<b>Year Group</b>	<b>Vs</b>	<b>Day/Date</b>	<b>Venue</b>	<b>Kick Off Time</b>
Year 8 Football County Cup	George Stephenson	Monday 12th February	Killingworth Leisure Centre	2:45pm
Sixth Form Football	Kings Priory	Wednesday 14th February	St Cuthbert's	2.00pm
Sixth Form Basketball	Kings Priory	Wednesday 14th February	St Cuthbert's	2.00pm
Sixth Form Basketball	Multiple Teams	Thursday 15 <sup>th</sup> February	Jesmond Park Academy	3:30pm

**Exit from school:** At the end of all home and away fixtures, if pupils are being collected by parents and carers, they should be picked up at the Gretna Road entrance to the school.

**PE Kit:** Could we please remind parents that pupils/students must bring PE kit to **every** lesson? If a pupil is ill or injured, please write a note stating what the issue is and the PE staff will provide the pupil with another role within the lesson ensuring that their learning and progress continues.

**Lost PE Kit:** At the end of each academic week, any PE kit that has been left in the PE Department will be transferred to student reception.



Please follow [StCuthbertsCC](#) on Twitter for updated results.



### Careers Development

**Job of the Fortnight:** The focus for Job of the Fortnight is looking at becoming a **Nuclear Engineer**. Watch this [clip](#) to find out more.

**Rolls Royce Degree Apprenticeship:** Rolls Royce are recruiting! Click [here](#) for further information.

### Sixth Form

**National Careers Week:** This will take place from 4<sup>th</sup> - 8<sup>th</sup> March. Pupils in Years 7-10 will be learning about careers that link with their subjects and the topics covered within each subject. Pupils will also cover what skills are needed for each career. Details of the careers that have been covered during the week will be shared with parents via the Family Update.

### PSHE at Home

	Big Question	Sub-unit	Week 20 lesson title	PSHE at home Task
Year 7	How do I become a responsible British Citizen?	What are British Values?	What is 'Tolerance of Beliefs?'	<p>Read the article below which is about Nadia Eweida who was a British Airways employee who suffered discrimination at work over her Christian beliefs, the European Court of Human Rights (ECHR) ruled. Nadia Eweida took her case to the ECHR after BA made her stop wearing her white gold cross visibly. The court said BA had not struck a fair balance between Ms Eweida's religious beliefs and the company's wish to 'project a certain corporate image'. The court ruled that the rights of Ms Eweida's had been violated under Article 9 of the European Convention on Human Rights.</p> <p><a href="https://www.bbc.co.uk/news/uk-21025332">https://www.bbc.co.uk/news/uk-21025332</a></p> <ul style="list-style-type: none"> <li>• What can we learn about tolerance of beliefs from this case?</li> <li>• Do you agree with the outcome of the case-why/why not?</li> <li>• Are people of faith treated any better or worse in Britain today?</li> </ul>

Year 8		Why should I respect Emergency Services?	How do I make a call to Emergency Services?	<p>This week your son has learnt about how to make calls to Emergency Services. They have been shown examples of phone calls to the Emergency Services and discussed why it is important to stay calm when they're on the phone. Discuss with your son, the importance of knowing the Emergency Services phone numbers and staying clam when on the phone.</p> <p>What happens when you call 999 - North East Ambulance Service - <a href="https://www.youtube.com/watch?v=PuFRroqkjmM">https://www.youtube.com/watch?v=PuFRroqkjmM</a></p> <p>When not to call the Emergency Services - <a href="https://www.youtube.com/watch?v=s_jQ8_7L6Dg">https://www.youtube.com/watch?v=s_jQ8_7L6Dg</a></p>
Year 9		How does the world of UK politics work?	How are laws made?	<p>Read this article with your son about how laws are made. Halfway down the page start the 'Could you be the next Prime Minister?' quiz.</p> <p><a href="https://www.bbc.co.uk/newsround/47029982">https://www.bbc.co.uk/newsround/47029982</a></p>
Year 10		What laws do I need to know about?	What is Section 60 of the Criminal Justice and Public Order Act 1994?	<p>This week your son will be learning about Section 60 of the Criminal Justice and Public Order Act 1994, more commonly known as 'stop and search'. Section 60 is seen as a controversial law and often divides opinion. Read the article below with your son and discuss the questions.</p> <p><a href="https://www.bbc.co.uk/news/explainers-47475566">https://www.bbc.co.uk/news/explainers-47475566</a></p> <ul style="list-style-type: none"> <li>• Does your son know his rights if he is stopped and searched by police?</li> <li>• Why is Section 60 seen as controversial?</li> <li>• What do the graphs tell us about Section 60?</li> </ul>
Year 11		What crimes should I be aware of?	What is Joint Enterprise?	<p>Watch this docu-drama with your son called 'My Murder'. It details the murder of Shakilus Townsend in 2008 where all 7 involved in his death were found guilty of murder under Joint Enterprise laws, including the girl who set up the 'honey trap' which led to Shakilus being attacked in the first place.</p> <p><a href="https://www.bbc.co.uk/programmes/p00qh5ps">https://www.bbc.co.uk/programmes/p00qh5ps</a></p> <p>Afterwards, discuss whether you think Joint Enterprise is a sound legal concept? Should 'bystanders' be charged with murder when they didn't deliver the fatal blow, or are they equally as guilty?</p> <p>Your son was given the following advice in the lesson:</p> <ul style="list-style-type: none"> <li>• Think about who you socialise with and who your friends are.</li> <li>• Don't carry weapons for yourself or anyone else.</li> <li>• Think about the consequence of your actions and be sure you understand what your friends are</li> </ul>

				involved in and the consequences of their actions too.
Year 12		What makes a responsible British Citizen?	'Cancel Culture' – Should people be cancelled for expressing an opinion?	Watch the video to discuss what 'Cancel Culture' is and whether it is either positive, negative or both.  How 'Cancel Culture' works - <a href="https://www.youtube.com/watch?v=STHIYh5HIVM&amp;t=3s">https://www.youtube.com/watch?v=STHIYh5HIVM&amp;t=3s</a>
Year 13	How do I become a ready for work?	What would be useful to know before I get a job?	What rights do workers have?	This week your son has learnt about the rights workers have. Please discuss what rights workers have in the UK and why it is important for workers to ensure their rights are adhered to.  Workers' rights in the UK - <a href="https://www.youtube.com/watch?v=V5ruufk5_NU">https://www.youtube.com/watch?v=V5ruufk5_NU</a>

### Words of the Week


Please use and encourage your son to use their word of the week around the home. The more your son is exposed to this word, the quicker that word will become part of their vocabulary.  
This week's words are:

Year 7	investigate
Year 8	utilise
Year 9	negate
Year 10	anticipate

### Numeracy Brainteaser

This week's brainteaser for you to have a go at. Answer will be shared in next week's update.

What is the combination of the twins' safe?



Clue 1

The combination is a six digit number.

Clue 2

There are two ones separated by one other digit.

Clue 3

There are two twos separated by two other digits.

Clue 4

There are two threes separated by three other digits.

## Prayers

**Pray with the Pope:** The Holy Father's Monthly Prayer Intentions Brought to you by Apostleship of Prayer the first Friday of each month. You can access these prayers [here](#).

**Prayer for the Week:** This week's prayer is a prayer by John Veltri SJ

*Teach me to listen, O God, to those nearest me, my family, my friends, my co-workers.  
Help me to be aware that no matter what words I hear, the message is,  
"Accept the person I am. Listen to me."  
Teach me to listen, my caring God, to those far from me  
– the whisper of the hopeless, the plea of the forgotten, the cry of the anguished.  
Teach me to listen, O God my Mother, to myself. Help me to be less afraid to trust the voice inside  
– in the deepest part of me.  
Teach me to listen, Holy Spirit, for your voice  
– in busyness and in boredom, in certainty and doubt, in noise and in silence.  
Teach me, Lord, to listen.  
Amen.*

*Our Lady, Seat of Wisdom, pray for us.  
St Cuthbert, pray for us.*

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